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## CARE OF MOUTH FOLLOWING ENDODONTIC THERAPY

### (ROOT CANAL)

1. It is possible that your tooth and its surrounding gum tissues may be somewhat tender for several days, due to the previous condition of your tooth and the manipulation within the root canal during today's treatment. There is no cause for alarm, since this is a normal reaction.
2. If the tooth hurts while biting down, clenching or grinding your teeth when no food is present, then it is likely that the tooth needs a slight adjustment. **Please call the office to schedule an adjustment immediately.**
3. Two Ibuprofen or Tylenol every four hours should be adequate to control this inflammation. Hot salt-water soaks may help to alleviate this tenderness. A teaspoon of table salt in a glass of warm tap water is mixed and a mouthful held in the area of the tooth for 30 seconds. Repeat this until the glass is finished. This helps to draw out fluid pressure from around the tooth.
4. While the tooth is tender, avoid chewing in this area. Discomfort between visits in no way affects the successful outcome of treatment.
5. The root canal treatment is not the only treatment this tooth will require. Depending on your situation, your tooth will need one, or several, of the following procedures:
  - Core build-up, possibly with post and /or pins
  - Crown

Each of these services has separate fees and insurance codes. These fees are in addition to the root canal treatment fee. If you would like an estimate of the fees, please request this information from our front desk staff.

If you have any questions or concerns, and specifically, if swelling develops, do not hesitate to call our office.